



P A R I S H R E T R E A T 2 0 2 3

UNASHAMED

CHURCH OF THE RESURRECTION

Schedule

Friday, August 25

Upon arrival, please connect with your house host or Parish Retreat Team member to direct you to your house. Place your items in your assigned room and gather in the Main Barn for fellowship.

7:00pm-8:30pm Evening Prayer/Session I: Courage to Follow Jesus (Main Barn)

8:30pm-10:00pm Reception

10:00pm Return to Guest Houses

Saturday, August 26

8:00am Breakfast (in houses or on your own)

8:45am Morning Prayer (Main Barn)

9:00am Session II: Unashamed of Jesus (Main Barn)

Nursery/kids programs for 0-11 available 8:45am-12:15pm

10:15am Break & Refreshments (Main Barn)

10:30am Session III: Unashamed of the Church (Main Barn)

Kids programs and childcare available at this time

11:30am Individual Noonday Prayers

12:30pm Lunch (outdoor)

1:30pm-2:30 pm Rez Olympics (relay race and games)

2:30pm-4:30 pm Free Time/ Optional on-site activities: Board Games, Painting, Naps, etc.

4:30pm Session IV: Unashamed of the Gospel (Main Barn)

6:00pm Dinner (Main Barn)

7:00pm Session V: Unashamed to Sing & Tell (Main Barn).

Variety Show

9:00pm After-Party: Campfire & S'mores (weather permitting)

Childcare: Monitor watching available until 10:00pm

Sunday, August 27

8:00am Breakfast (in houses or on your own)

9:00am Session VI: Unashamed to Apprentice (Main Barn)

10:30am Sunday Worship (Holy Eucharist) Service

Nursery/Children's 3+ Chapel service 9:00am-12pm

12:00pm Clean up & Checkout

Sunday afternoon optional off-site group activities see p. 21

See map of Caboose Farm on p. 20

Courage *to* Follow Jesus



Sourced: <https://www.bbc.co.uk/bitesize/guides/zmhqqt/revision/4>

GIST

- Zacchaeus was a traitor to his people in a rebellious city, yet when Jesus entered into his world, he wanted to see him.
- Jesus came into his life and transformed it completely, leading Zacchaeus to repent and provide restitution.
- Jesus' mission was, and remains, to seek the lost so that their lives are transformed as they enter the family of God. What Jesus did to Zacchaeus, he is continuing to do today in us and around us.

KEY TEXTS

- 1 Kings 16:29-34
- Luke 19:1-10

TESTIMONIES

NOTES:

Unashamed *of* Jesus



GIST

- Surprise! This is a retreat on evangelism!
- Starting point: Shame. There is tremendous social pressure on us to conform to the world.
- Jesus calls his disciples to be salt and light in the world. But in an oppositional context like ours, doing so is risky.
- The story of the man born blind in John 9 shows us the centrality of Jesus for being unashamed.
- Introduction of "15 second testimony" format.

KEY TEXTS

- John 9
- Rom 10:9

GROUP WORK

- Describe John 9, particularly the responses of the Pharisees and the man's parents. Discuss what controlled them.
- Describe the man's journey to faith in Jesus. How did he end up in a different place from his parents?
- Discuss Rom 10:9. Did Paul intend this to be a "salvation incantation" for one-time use? Or was he advocating a continual Christian practice?
- If you're willing, share how you experience social pressure in your day-to-day life, e.g. at work, in school, or in relationships.

PRAY FOR ONE ANOTHER'S COURAGE

Almighty God, whose beloved Son willingly endured the agony and shame of the cross for our redemption: Give us courage to take up our cross and follow him; who lives and reigns with you and the Holy Spirit, one God, now and forever. Amen.

NOTES:

NOTES:

Unashamed *of* the Church



Source: <https://bibleteachingnotes.blog/2019/05/19/acts-17/>

GIST

- The 3 strands of evangelism: caring relationships with outsiders, Gospel proclamation, Christian community. This talk is primarily about Christian community.
- In his life story and ministry, St. Patrick modeled the 3 strands.
- Celtic Christian communities were distinct from Roman ones in several ways:
 - Emphasized “belong, then believe” instead of “believe, then belong”
 - Emphasized Arts (εἰκων) + Speech (λόγος)
- Great missionary saints of the past, particularly Saints Columba, Aidan, and Boniface, provide helpful examples.

KEY TEXTS

- Acts 2:42-47
- St. Patrick’s breastplate (see on p. 10-11)

ASSIGNMENT

- Prayer: See Individual Noon Day Prayer Guide on p.12
- Journal: 15 second testimony



ST. PATRICK'S BREASTPLATE

I arise today
Through a mighty strength, the invocation of the Trinity:
Through belief in the threeness
Through confession of the oneness
Of the Creator of creation.

I arise today
Through the strength of Christ's birth with his baptism,
Through the strength of his crucifixion with his burial,
Through the strength of his resurrection with his ascension,
Through the strength of his descent for the judgment of Doom.

I arise today
Through the strength of the love of the cherubim,
In obedience of angels,
In the service of archangels,
In hope of resurrection to meet with reward,
In prayers of patriarchs,
In predictions of prophets,
In preaching of apostles,
In faith of confessors,
In innocence of holy virgins,
In deeds of righteous men.

I arise today
Through the strength of heaven:
Light of sun
Radiance of moon
Splendor of fire
Speed of lightning
Swiftness of wind
Depth of sea
Stability of earth
Firmness of rock.

I arise today
Through God's strength to pilot me:
God's might to uphold me,
God's wisdom to guide me,
God's eye to look before me,
God's ear to hear me,
God's word to speak for me,
God's hand to guard me,
God's way to lie before me,
God's shield to protect me,
God's host to save me

From the snares of devils,
From temptation of vices,
From everyone who shall wish
me ill,
Afar and anear,
Alone and in multitude.

I summon today all these powers
between me and those evils,
Against every cruel merciless
power that may oppose my
body and soul,
Against incantations of false
prophets,
Against black laws of pagandom,
Against false laws of heretics,
Against craft of idolatry,
Against spells of witches and smiths and wizards,
Against every knowledge that corrupts man's body and soul.

Christ to shield me today
Against poison, against burning, against drowning, against wounding,
So that there may come to me abundance of reward.

Christ with me,
Christ before me,
Christ behind me,
Christ in me,
Christ beneath me,
Christ above me,
Christ on my right,
Christ on my left,
Christ when I lie down,
Christ when I sit down,
Christ when I rise,
Christ in the heart of every man who thinks of me,
Christ in the mouth of everyone who speaks of me,
Christ in every eye that sees me,
Christ in every ear that hears me.

I arise today
Through a mighty strength, the invocation of the Trinity:
Through belief in the threeness
Through confession of the oneness
Of the Creator of creation.



INDIVIDUAL NOON DAY PRAYER GUIDE

- **5 mins. Preparation**
Quiet your mind. You may:
 - Read Psalm 46:10 a few times slowly.
 - Ask the Holy Spirit to help you during this time of prayer and reflection.
- **10 mins. Praise and Thanksgiving**
Consider what God has done for you and who He is.
 - Thank Him for Salvation in Christ Jesus
 - Thank him for ever-present gifts: a functioning body, everyday necessities, friends, family, nature, etc.
 - Thank him for significant changes, interventions, etc. in your life and the life of others
 - Thank him for the gospel and for his church.
- **15 mins. Heart Posture Toward Jesus**
Consider the words of Jesus in Luke 9:23-27.
 - Are you ashamed of Jesus and his words?
 - In what ways can you emulate the blind man in John 9?
 - Confess where you have erred in this regard and pray that Jesus will grant you courage to be unashamed of him and his words.
- **15 mins. Heart Posture Toward the Church**
Consider Ephesians 5:25b: "...Christ loved the church and gave himself up for her."
 - Do you love the church as Christ loves the church?
 - Has the church hurt you in the past? Have you been instrumental in the hurt of others?
 - Ask the Lord to heal where you've been wounded and to forgive you where you have erred. Be specific.
- **10 mins. 15 second testimony**
Using the format provided, draft a 15-second testimony of the difference Jesus makes in your life.
- **5 mins. Commitment**
Commit yourself to follow Jesus unashamedly. You may use the following collect as a guide:
I am no longer my own, but thine. Put me to what thou wilt, rank me with whom thou wilt. Put me to doing, put me to suffering. Let me be employed by thee or laid aside for thee, exalted for thee or brought low for thee. Let me be full, let me be empty. Let me have all things, let me have nothing. I freely and heartily yield all things to thy pleasure and disposal. And now, O glorious and blessed God, Father, Son, and Holy Spirit, thou art mine, and I am thine. So be it. And the covenant which I have made on earth, let it be ratified in heaven. Amen



Image by Rochak Shukla on Freepik

Psalm 46:10

“Be still, and know that I am God.
I will be exalted among the nations,
I will be exalted in the earth!”

Luke 9:23-27

23 And he said to all, “If anyone would come after me, let him deny himself and take up his cross daily and follow me. 24 For whoever would save his life will lose it, but whoever loses his life for my sake will save it. 25 For what does it profit a man if he gains the whole world and loses or forfeits himself? 26 For whoever is ashamed of me and of my words, of him will the Son of Man be ashamed when he comes in his glory and the glory of the Father and of the holy angels. 27 But I tell you truly, there are some standing here who will not taste death until they see the kingdom of God.”

JOURNAL

Unashamed *of* the Gospel



Image by Harryarts on Freepik

GIST

- Review the 3 strands of evangelism:
 - Caring relationships with outsiders
 - Christian Community
 - Gospel proclamation
- Sharing the gospel vs. proclaiming the gospel
- Four predominant Worldviews:
 - Guilt—Innocent
 - Shame—Honor
 - Fear—Power
 - Meaning—Meaningless
- What is the Gospel?
- Why is it good news in light of the worldviews listed above?
- Articulating the message of the Gospel

KEY TEXTS

- 1 Corinthians 15:1-8
- John 8:1-11
- Luke 15:11-32
- Ephesians 1:5, 7, 19-21; 2:19

GROUP WORK

- Group Work: Practice sharing the gospel with someone who...
 - Feels the guilt of past sin
 - Feels the shame of rejection and abandonment
 - Feels afraid of spiritual forces
 - Feels the meaninglessness of life

NOTES:

Unashamed *to* Apprentice



Source: iStockPhoto.com Jesus Talks With Samaritan Woman near Well

GIST

- Review the 3 strands of evangelism: caring relationships with outsiders, Gospel proclamation, Christian community. This talk is primarily about developing caring relationships with outsiders
- In the Great Commission, Jesus commanded his disciples to go make disciples. What does this mean?
- Gospel intentionality: We are an embassy of Jesus' kingdom. We must be intentional in both embodying and inviting.

KEY TEXT

- Matthew 28:16-20

ASSIGNMENTS

- Prayer: *God, give me unbelieving friends.*
- Make a list of unbelieving friends or acquaintances you have, and then
 - Pray aloud for an unbelieving friend;
 - Show hospitality to an unbelieving friend; and
 - Invite an unbelieving friend to gather with other friends from Rez.

NOTES:

Caboose Farm

You Are Here



Parking Lot



Main Barn



Wendington House



Eisenhower House



Roosevelt House



Adams House



Lincoln House

Wendover Road

Wendover Road



The Caboose



The Meadow



Jefferson House



Hilltop Vista



The Glade

Rustic Barn



N

SUNDAY

OPTIONAL OFF-SITE GROUP ACTIVITIES:

Sunday Group Lunch: Attaboy Beer

400 Sagner Ave # 400, Frederick, MD 21701

Catoctin Wildlife Preserve (Children and family friendly)

13019 Catoctin Furnace Rd, Thurmont, MD 21788

Hours: 9am–4pm

Cunningham Falls State Park (Children and family friendly)

14274 William Houck Dr, Thurmont, MD 21788

Hours: 8am–8:30pm

Misty Meadow Farm Creamery (Children and family friendly)

14325 Misty Meadow Rd, Smithsburg, MD 21783

Hours: 1pm–5pm



THE CHURCH OF THE
RESURRECTION

WASHINGTON, DC

www.rezchurch.org